



John

John is 57. He was made redundant from his 'job for life' twenty years ago. He found part time work with a local building contractor but was 'signed off' 10 months ago with back pain. He is happily married to Joyce who works part time. Their grown up children live nearby and he looks after his five grandchildren regularly.

The town where John has lived all his life was reliant on its steel works until it closed in the 1980s. Unemployment is still high. The community is tight knit and most people know their neighbours. Local people complain that they are often asked what changes they want but nothing ever seems to happen.

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Deal for
Wellbeing?**



Nancy

Nancy is a retired 67 year old teaching assistant and enjoys gardening. She lives on her own since her husband died last year. She has made no friends since moving to the area although she recently joined a book club.

Nancy is struggling to manage her finances. She has never been confident driving and recently her eyesight seems to be getting worse.

Nancy moved to a beautiful rural village when she and her husband retired.

A bus goes to the town 5 miles away every hour. The local shop is good but more expensive than at the supermarket in town. 'Locals' and 'offcomers' tend not to mix socially.

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Darby

Darby is fourteen. Her mum has been drinking too much since her dad left and Darby finds it difficult talking to her. Darby recently started drinking herself with her mates. She's also been getting into trouble at school. But she really likes her form teacher and enjoys being in the hockey and football teams.

Darby's school has a well established programme for Social and Emotional Aspects of Learning. Students experiencing problems are well supported by teachers, counsellors and peer mentors.

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Mike

Mike recently left university with an engineering degree. He has a placement with a car manufacturer. He's not enjoying the work much, but likes having an income and has rented a flat and joined the residents' association. He misses his boyfriend who is still at university. They see each other at weekends. Mike uses the workplace gym most evenings.

The city where Mike lives is thriving. More businesses are moving in. There is a busy night life and a strong gay scene. A lot of the inner city housing is sub-standard and crime levels in some areas are high.

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Sarah

Sarah is nearly 40 with three children under the age of five. She has recently gone back to work part time. Although she takes home little after paying for childcare, she is very committed to her work and feels part of the team. She isn't getting enough sleep and her youngest has not settled down at the childminders.

Sarah works for a voluntary organisation which is very supportive of working parents. Work-life balance is a priority and flexible working is encouraged. Staff have regular one-to-one meetings with the manager where work and personal issues can be discussed.